



RESOURCE
**ARE YOU READY FOR
A CAREER CHANGE?
ASSESS YOUR LIFE
TO FIND OUT!**

WWW.CYNTHIACORSETTI.COM



Discover your WHY to ensure a successful career change

My Personal Life

Part 3

Write about what your life will be like when you reach the level of satisfaction you desire. Not everything needs to be a 5, sometimes life is perfectly content at a 2. *This is your starting point.*



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My Spiritual Life

Part 1

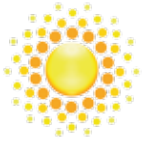
Think about how you feel about that area of your life right this minute. Write a brief sentence of where you are now. The starting point so to speak.

Part 2

Rate this area of your life on a scale of 1 – 5.

COMPLETELY UNFULFILLED 1 2 3 4 5 SERIOUSLY PERFECT





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My Physical Life

Part 1

Think about how you feel about that area of your life right this minute.

Write a brief sentence of where you are now. The starting point so to speak.

Part 2

Rate this area of your life on a scale of 1 – 5.

COMPLETELY UNFULFILLED SERIOUSLY PERFECT
1 2 3 4 5





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My Educational Life

Part 1

Think about how you feel about that area of your life right this minute.

Write a brief sentence of where you are now. The starting point so to speak.

Part 2

Rate this area of your life on a scale of 1 – 5.

COMPLETELY UNFULFILLED      SERIOUSLY PERFECT

1 2 3 4 5



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My Educational Life

Part 3

Write about what your life will be like when you reach the level of satisfaction you desire. Not everything needs to be a 5, sometimes life is perfectly content at a 2. *This is your starting point.*



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My Financial Life

Part 1

Think about how you feel about that area of your life right this minute.

Write a brief sentence of where you are now. The starting point so to speak.

Part 2

Rate this area of your life on a scale of 1 – 5.

COMPLETELY UNFULFILLED



1



2



3

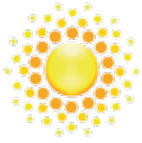


4



5

SERIOUSLY PERFECT



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**“Step into the fire of self discovery.
This fire will not burn you, it will
only burn what you are not.”
-Mooji**

Congratulations!

You have done an incredibly brave thing in taking your first step toward a more authentic you. What key insights about yourself did you discover?
